

THE PILOT INN

THE COUNTRY PUB IN TOWN

LUNCH MENU

Served Mon-Sat 12-6pm

STARTERS/NIBBLES

Warm Ciabatta Roll (VG/GFO)	£5
<i>Served with Maldon salt, cold pressed olive oil & balsamic reduction</i>	
Garlic & Chilli Mixed Olives (VG/GF)	£4.50
Goats Cheese & Caramelised Onion Tart (V)	£8
<i>Served with watercress, cooked beetroot & cherry tomato salad topped with balsamic glaze</i>	
Handmade Pitta (VG)	£5
<i>With za'atar, houmous & spicy zhug</i>	
Pan Fried Padron Peppers (VG/OA/GF)	£7
<i>Served with Maldon sea salt & garlic mayonnaise</i>	
Battered Chicken Nuggets	£8
<i>With smokehouse BBQ sauce</i>	
Marinated Jerk Chicken Skewers (GFO)	£8
<i>With jerk sauce (please note cooking time is 15 minutes)</i>	
Seafood Cocktail	£8
<i>Locally smoked salmon, fresh prawns, homemade Marie Rose sauce, baby gem lettuce and a cherry vine tomato, red onion & sumac salad</i>	
Handmade Terrine of the Day	£8
<i>Served with complimenting relish, garnishes & bread</i>	
Greek Salad (V/GF)	£8
<i>Fresh cos lettuce, kalamata olives, feta, red onion, cherry vine tomatoes & cold pressed olive oil</i>	
Chunky Chips (GF) /Skinny Fries (GF)	£5
<i>Add Melted Cheese £1</i>	
Garlic Bread	£5
<i>Add Melted Cheese £1</i>	

TOASTED CIABATTA ROLLS *All served with chips*

£9 Each

Butchers Sausage & Caramelised Onion Chutney (GFOA)

Homemade BBQ Pulled Pork & Coleslaw (GFOA)

Prawn Marie Rose, Rocket & Cherry Vine Tomato

Ciabatta of the Day

See staff & please mention any allergies

Vegan Breaded 'Chicken' (VG)

Served with vegan mayonnaise, lettuce & tomato

MAINS

Sharp's Doom Bar Beer Battered Locally Sourced Cod Fillet	£16.50
<i>Served with chunky chips, garden peas & tartare sauce</i>	
Slow Roasted Sussex Pork Belly (GFOA)	£18.50
<i>Served with creamy mustard mashed potato, black pudding, spring greens, apple sauce & homemade gravy</i>	
Pilot Inn Ploughmans (GFOA)	£14.50
<i>Choice of mature 'Cruncher' Cheddar & Stilton or Sussex Ham & Chef's Charcuterie</i>	
<i>Served with fresh locally sourced bread, salted butter, celery, heirloom tomato, ploughmans pickle, gherkin & homemade coleslaw</i>	
Handmade Steak & Guinness Pie	£16.50
<i>Served with choice of potatoes, fresh vegetables & homemade gravy</i>	
Locally Sourced Catch of the Day (GFOA)	£ Market Price
<i>Served with choice of potatoes, asparagus, fresh lemon & buerre noisette</i>	
Mixed Vegetable Madras Curry (VG/GFOA)	£15
<i>Chargrilled peppers, red onion, courgette & roasted cauliflower in our spicy madras sauce served with pilau rice, poppadom & mango chutney</i>	
<i>Add Marinated Chicken £3</i>	
Locally Sourced Dressed Crab (GFOA)	£16
<i>Served with our house salad, choice of potatoes, fresh lemon, malted grain bread & salted butter</i>	
Cheese & Onion Quiche (V)	£15
<i>Served with house salad, choice of potatoes & homemade coleslaw</i>	
Roasted Mediterranean Vegan Tart (VG)	£15
<i>Served with our house salad, choice of potatoes & vegan mayo</i>	
Pilot Inn Cheeseburger (GFOA)	£15.50
<i>Served in a brioche bun with burger sauce, baby gem, tomato, red onion, skinny fries & homemade coleslaw</i>	
Buttermilk & Rosemary Chicken Burger	£16
<i>Served in a brioche bun with jerk sauce, melted cheese, chargrilled streaky bacon, baby gem, red onion & tomato served with skinny fries & homemade coleslaw</i>	
Chargrilled Halloumi Burger (VG/GFOA)	£15
<i>Served in a brioche bun, pickled cucumber, chilli jam, baby gem, red onion & tomato served with skinny fries & homemade coleslaw</i>	
'Naked Glory' Vegan Burger (VG)	£15
<i>Served in a vegan brioche bun with vegan mayonnaise, ketchup, baby gem, red onion, tomato and skinny fries</i>	

CHILDREN'S MENU

All £9

Vegan 'Chicken Burger' (VG)

Vegan brioche bun, vegan mayonnaise, ketchup, baby gem, red onion & tomato & skinny fries

Battered Chicken Nuggets

Skinny fries & Heinz baked beans

Two Butchers Sausages or Two Vegan Sausages (GF)

Served with skinny fries & Heinz baked beans

Spaghetti Bolognese & (optional) Grated Cheddar

See Staff or Display/Specials Board for choice of Today's Chef's Dishes & Desserts

(V) = Vegetarian (VG) = Vegan (VGOA) = Vegan option available (GF) = Gluten Free (GFOA) = Gluten Free option available

All weights of our meat are approximate uncooked. All meals may contain nuts or nut derivatives. Fish may contain small bones. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering.

Full allergen information is available on request.